

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>17:00 - 18:00 Start To Workout (SGT) Balie Jims Mechelen</p>	<p>18:00 - 18:45 Move For Health (SGT) Balie Joran Vastenavondt</p>	<p>18:00 - 19:00 Dance Group Classes Studio Jessy Droogmans</p>	<p>18:00 - 19:00 Les Mills Bodycombat™ Group Classes Studio Kelly Frighem</p>	<p>09:00 - 09:45 Les Mills Pilates™ Group Classes Studio Kelly Frighem</p>		<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Jessica Thys</p>
<p>18:00 - 19:00 Moving Mom (SGT) Balie Kelly Frighem</p>	<p>20:00 - 21:00 Boxing Group Classes Studio Bertrand Mancel</p>	<p>19:30 - 20:30 Strength For Women (SGT) Balie Kelly Frighem</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Jims Mechelen</p>			<p>11:00 - 12:00 Dance Group Classes Studio Jessy Droogmans</p>
<p>18:15 - 19:15 Les Mills Bodycombat™ Group Classes Studio Magicline Magicline</p>		<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Sigrid Palmers</p>	<p>19:00 - 20:00 Start To Workout (SGT) Balie Joran Vastenavondt</p>			
<p>19:15 - 20:00 Core Group Classes Studio Kelly Frighem</p>						
<p>20:00 - 21:00 Pilates Group Classes Studio Sigrid Palmers</p>						

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<p>18:00 - 19:00 Moving Mom (SGT) Balie Kelly Frighem</p>	<p>18:00 - 18:45 Move For Health (SGT) Balie Joran Vastenavondt</p>	<p>19:00 - 20:00 Step Group Classes Studio Kelly De ruyter</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Jims Mechelen</p>			<p>11:00 - 12:00 Dance Group Classes Studio Jessy Droogmans</p>
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