

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>18:00 - 19:00 <b>GO HYBRID SGT(BE)</b> Functional Zone   Léa Verpoorten</p>	<p>10:00 - 11:00 <b>STRETCHING</b> Body &amp; Mind Cube   Manon Pinto</p>	<p>12:00 - 13:00 <b>GO HYBRID SGT(BE)</b> Functional Zone   Achille Hecq</p>	<p>11:00 - 12:00 <b>Forever Fit (SGT)</b> Functional Zone   Achille Hecq</p>	<p>10:00 - 11:00 <b>Yoga</b> Body &amp; Mind Cube   Thibaut Delvenne</p>		<p>10:00 - 11:00 <b>Crosstraining</b> Marilyne Marbaise</p>
<p>19:00 - 20:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Julie Meurice</p>	<p>17:00 - 18:00 <b>Core</b> Functional Zone   Santiago Garcia</p>	<p>17:00 - 18:00 <b>Hybrid X</b> Functional Zone   Achille Hecq</p>	<p>18:00 - 19:00 <b>Hybrid X</b> Functional Zone   Antoine Sorce</p>	<p>11:00 - 12:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Erica Rachella</p>		<p>11:00 - 12:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   CLAUDE PATRICK BEKONO ZOA</p>
<p>19:00 - 20:00 <b>Crosstraining</b> Functional Zone   Marilyne Marbaise</p>	<p>17:00 - 18:00 <b>Start To Workout (SGT)</b> Fitness Floor   Léa Verpoorten</p>	<p>18:00 - 18:45 <b>ABDO WOD (BE)</b> Functional Zone   Santiago Garcia</p>				
<p>20:00 - 20:30 <b>HIIT Ride</b> Cycling Cube   Julie Meurice</p>	<p>19:00 - 20:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Erica Rachella</p>	<p>18:00 - 19:00 <b>Yoga</b> Body &amp; Mind Cube   Thibaut Delvenne</p>				
		<p>19:30 - 20:30 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Erica Rachella</p>				

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	<p>17:00 - 18:00 <b>Core</b> Functional Zone   Santiago Garcia</p>	<p>17:00 - 18:00 <b>Hybrid X</b> Functional Zone   Achille Hecq</p>	<p>18:00 - 19:00 <b>Hybrid X</b> Functional Zone   Antoine Sorce</p>	<p>11:00 - 12:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Erica Rachella</p>		<p>11:00 - 12:15 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   CLAUDE PATRICK BEKONO ZOA</p>
	<p>17:00 - 18:00 <b>Start To Workout (SGT)</b> Fitness Floor   Léa Verpoorten</p>	<p>18:00 - 18:45 <b>ABDO WOD (BE)</b> Functional Zone   Santiago Garcia</p>				
	<p>18:00 - 19:00 <b>Hybrid X</b> Functional Zone   Santiago Garcia</p>	<p>18:00 - 19:00 <b>Yoga</b> Body &amp; Mind Cube   Thibaut Delvenne</p>				
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