

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
	<p>10:00 - 11:00 STRETCHING Body & Mind Cube Manon Pinto</p>	<p>12:00 - 13:00 GO HYBRID SGT(BE) Functional Zone Achille Hecq</p>	<p>18:00 - 19:00 Hybrid X Functional Zone Antoine Sorce</p>	<p>10:00 - 11:00 Yoga Body & Mind Cube Thibaut Delvenne</p>		<p>10:00 - 11:00 Crosstraining Functional Zone Marilyne Marbaise</p>
	<p>12:00 - 13:00 Forever Fit (SGT) Fitness Floor Achille Hecq</p>	<p>17:00 - 18:00 Hybrid X Functional Zone Achille Hecq</p>		<p>11:00 - 12:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Erica Rachella</p>		<p>11:00 - 12:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube CLAUDE PATRICK BEKONO ZOA</p>
	<p>17:00 - 18:00 Core Functional Zone Santiago Garcia</p>	<p>18:00 - 18:45 ABDO WOD (BE) Functional Zone Santiago Garcia</p>				
	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Léa Verpoorten</p>	<p>18:00 - 19:00 Yoga Body & Mind Cube Thibaut Delvenne</p>				
	<p>18:00 - 19:00 Hybrid X Functional Zone Santiago Garcia</p>	<p>19:30 - 20:30 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Erica Rachella</p>				
	<p>19:00 - 20:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Erica Rachella</p>					

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<p>18:00 - 19:00 GO HYBRID SGT(BE) Functional Zone Léa Verpoorten</p>	<p>10:00 - 11:00 STRETCHING Body & Mind Cube Manon Pinto</p>	<p>12:00 - 13:00 GO HYBRID SGT(BE) Functional Zone Achille Hecq</p>	<p>10:00 - 11:00 Forever Fit (SGT) Functional Zone Achille Hecq</p>	<p>10:00 - 11:00 Yoga Body & Mind Cube Thibaut Delvenne</p>		<p>10:00 - 11:00 Crosstraining Functional Zone Marilyne Marbaise</p>
<p>19:00 - 20:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Julie Meurice</p>	<p>12:00 - 13:00 Forever Fit (SGT) Fitness Floor Achille Hecq</p>	<p>17:00 - 18:00 Hybrid X Functional Zone Achille Hecq</p>	<p>18:00 - 19:00 Hybrid X Functional Zone Antoine Sorce</p>	<p>11:00 - 12:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Erica Rachella</p>		<p>11:00 - 12:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube CLAUDE PATRICK BEKONO ZOA</p>
<p>19:00 - 20:00 Crosstraining Functional Zone Marilyne Marbaise</p>	<p>17:00 - 18:00 Core Functional Zone Santiago Garcia</p>	<p>18:00 - 18:45 ABDO WOD (BE) Functional Zone Santiago Garcia</p>				
<p>20:00 - 20:30 HIIT Ride Cycling Cube Julie Meurice</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Léa Verpoorten</p>	<p>18:00 - 19:00 Yoga Body & Mind Cube Thibaut Delvenne</p>				
	<p>18:00 - 19:00 Hybrid X Functional Zone Santiago Garcia</p>	<p>19:30 - 20:30 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Erica Rachella</p>				
	<p>19:00 - 20:00 COACH BY COLOR® Connect Cycling Cube (BE) Cycling Cube Erica Rachella</p>					