

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>09:30 - 10:30 Start To Workout (SGT) Group Classes Studio Joey Smeets</p>	<p>09:30 - 10:30 Pilates Group Classes Studio Jims Kapellen</p>	<p>10:00 - 11:00 Forever Fit (SGT) Group Classes Studio Joey Smeets</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Nancy Van Hoornick</p>	<p>09:00 - 10:00 BBB Group Classes Studio Nancy Van Hoornick</p>		<p>09:50 - 10:50 Les Mills Bodypump™ Group Classes Studio Nancy Van Hoornick</p>
<p>18:00 - 19:00 Power Yoga Group Classes Studio Jims Kapellen</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Jims Kapellen</p>	<p>18:30 - 19:30 Indoor Cycling Group Classes Studio Sophie Vermeulen</p>	<p>18:00 - 19:00 Indoor Cycling Group Classes Studio Nancy Van Hoornick</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Nancy Van Hoornick</p>		<p>11:00 - 11:30 Booty Group Classes Studio Nancy Van Hoornick</p>
<p>19:30 - 20:30 Strength Training (SGT) Group Classes Studio Melvin Borms</p>	<p>19:00 - 20:00 BBB Group Classes Studio Nancy Van Hoornick</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Jims Kapellen</p>	<p>19:00 - 20:00 STRONG Nation® Group Classes Studio Jims Kapellen</p>			<p>11:30 - 12:30 Indoor Cycling Group Classes Studio Nancy Van Hoornick</p>
<p>20:30 - 21:30 Indoor Cycling Group Classes Studio Nancy Van Hoornick</p>	<p>20:00 - 20:30 Booty Group Classes Studio Nancy Van Hoornick</p>	<p>20:30 - 21:30 Zumba® Group Classes Studio Jims Kapellen</p>	<p>20:00 - 20:30 CIRCL MOBILITY™ (BE) Group Classes Studio Jims Kapellen</p>			
	<p>20:30 - 21:30 Les Mills Bodypump™ Group Classes Studio Nancy Van Hoornick</p>		<p>20:45 - 21:30 Strength Training (SGT) Group Classes Studio Joey Smeets</p>			

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