

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
16:00 - 17:00 <b>Start To Workout (SGT)</b> Debby Pfaff	10:30 - 11:30 <b>Forever Fit (SGT)</b> Tim De Caigny	09:00 - 10:00 <b>Strength For Women (SGT)</b> Hilde Verhelst	10:15 - 11:15 <b>Yoga</b> Veerle Weyn		11:00 - 12:00 <b>Yoga</b> Satyam Maes	09:30 - 10:00 <b>Core</b> Karen Van Hoyer
19:00 - 20:00 <b>Zumba®</b> Evy De Pauw	15:00 - 16:00 <b>Go Functional (SGT)</b> Tim De Caigny	19:00 - 20:00 <b>Les Mills Bodypump™</b> Danielle Maes	13:00 - 14:00 <b>Start To Workout (SGT)</b> Noah Vanhelmont			10:00 - 11:00 <b>Indoor Cycling</b> Karen Van Hoyer
19:15 - 20:15 <b>Yoga</b> Satyam Maes	19:00 - 20:00 <b>Dance</b> Hilde Verhelst	19:00 - 20:00 <b>Strength Training (SGT)</b> Tim De Caigny	19:00 - 20:00 <b>BBB</b> Hilde Verhelst			10:00 - 11:00 <b>STRONG Nation®</b> Evy De Pauw
20:00 - 21:00 <b>Les Mills Bodypump™</b> Danielle Maes	19:30 - 20:30 <b>Indoor Cycling</b> Robbin Vermeulen	20:00 - 21:00 <b>Zumba®</b> Evy De Pauw	19:30 - 20:30 <b>Indoor Cycling</b> Freddy Verhulst			11:30 - 12:30 <b>Boxing</b> Zino Verelst
20:30 - 21:30 <b>Yin Yoga</b> Satyam Maes	20:00 - 21:00 <b>BBB</b> Hilde Verhelst		20:00 - 21:00 <b>Dance</b> Hilde Verhelst			

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<p>19:00 - 20:00 <b>Zumba®</b> Evy De Pauw</p>	<p>15:00 - 16:00 <b>Go Functional (SGT)</b> Tim De Caigny</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Danielle Maes</p>	<p>13:00 - 14:00 <b>Start To Workout (SGT)</b> Noah Vanhelmont</p>	<p>10:30 - 11:30 <b>Zumba®</b> Esther Moorthamer</p>		<p>10:00 - 11:00 <b>Indoor Cycling</b> Karen Van Hoya</p>
<p>19:15 - 20:15 <b>Yoga</b> Satyam Maes</p>	<p>19:00 - 20:00 <b>Dance</b> Hilde Verhelst</p>	<p>19:00 - 20:00 <b>Strength Training (SGT)</b> Tim De Caigny</p>	<p>19:00 - 20:00 <b>BBB</b> Hilde Verhelst</p>	<p>19:15 - 20:15 <b>Les Mills Bodycombat™</b></p>		<p>10:00 - 11:00 <b>STRONG Nation®</b> Evy De Pauw</p>
<p>20:00 - 21:00 <b>Les Mills Bodypump™</b> Danielle Maes</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Robbin Vermeulen</p>	<p>20:00 - 21:00 <b>Zumba®</b> Evy De Pauw</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Freddy Verhulst</p>			<p>11:30 - 12:30 <b>Boxing</b> Zino Verelst</p>
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