

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Jens De Winne</p>	<p>18:00 - 19:00 Pilates Group Classes Studio Johnny Bauwens</p>	<p>18:00 - 18:45 Prepare for running (SGT) Fitness Floor Renato Da Hora Barreto</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Emilie Dauwe</p>	<p>09:30 - 10:30 Les Mills Bodypump™ Group Classes Studio Johnny Bauwens</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Steven Maelfait</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Joachim Cockuyt</p>
<p>18:00 - 19:00 Zumba® Group Classes Studio Farah Van driessche</p>	<p>18:00 - 19:00 Squat Bench Deadlift (SGT) Fitness Floor Tijl Truyts</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Simon Moeyaert</p>	<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Joachim Cockuyt</p>	<p>10:30 - 11:30 Pilates Group Classes Studio Johnny Bauwens</p>	<p>11:00 - 12:00 Indoor Cycling Group Classes Studio Steven Maelfait</p>	
<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Steven Maelfait</p>	<p>19:00 - 20:00 BBB Group Classes Studio Johnny Bauwens</p>	<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Tess Lameir</p>		<p>18:30 - 19:30 PARTYROBICS® CARDIO DANCE (BE) Group Classes Studio Johnny Bauwens</p>		
<p>19:00 - 20:00 Strength Training (SGT) Fitness Floor Tijl Truyts</p>	<p>19:00 - 19:45 Move For Health (SGT) Fitness Floor Jens De Winne</p>	<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Joachim Cockuyt</p>				
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