

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>18:00 - 19:00 <b>Go Functional (SGT)</b> Functional Zone   Emanuel Schiettecatte</p>	<p>18:00 - 19:00 <b>Weight Health (SGT)</b> Functional Zone   Annelies Robyns</p>	<p>18:00 - 19:00 <b>Start To Workout (SGT)</b> Fitness Floor   Auke Van Dorland</p>	<p>18:00 - 19:00 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Auke Van Dorland</p>		<p>10:00 - 11:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Johnny Bauwens</p>	<p>10:00 - 11:00 <b>Start To Workout (SGT)</b> Fitness Floor   Annelies Robyns</p>
<p>19:00 - 20:00 <b>Moving Mom (SGT)</b> Functional Zone   Stephanie Schamp</p>	<p>19:00 - 20:00 <b>BBB</b> Group Classes Studio   Annelies Robyns</p>	<p>19:00 - 20:00 <b>Crosstraining</b> Functional Zone   Emanuel Schiettecatte</p>	<p>19:00 - 20:00 <b>Burn</b> Group Classes Studio   JIMS OUDENAARDE</p>		<p>11:00 - 12:00 <b>Pilates</b> Group Classes Studio   Johnny Bauwens</p>	
<p>19:00 - 20:00 <b>Power Cardio</b> Group Classes Studio   Kate Beunens</p>	<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Emanuel Schiettecatte</p>		<p>19:00 - 20:00 <b>Healthy Back (SGT)</b> Functional Zone   Annelies Robyns</p>			
<p>20:00 - 21:00 <b>GO HYBRID SGT(BE)</b> Functional Zone   Emanuel Schiettecatte</p>			<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Serge Eeckhout</p>			
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