

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>12:15 - 13:15 Les Mills Bodyattack™ Group Classes Studio Sandrine Antheunis</p>	<p>08:30 - 09:30 HIIT Group Classes Studio Luna Biot</p>	<p>09:00 - 10:00 Pilates Group Classes Studio Koralyne Limage</p>	<p>17:00 - 18:00 HIIT Group Classes Studio Luna Biot</p>	<p>09:00 - 10:00 Go Functional (SGT) Functional Zone Anais Lombard</p>	<p>10:00 - 11:00 Crosstraining Functional Zone Michael Monseux</p>	
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Jessica Suliman</p>	<p>12:15 - 13:15 Les Mills Bodypump™ Group Classes Studio Daniel Ulungu Tchola</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Koralyne Limage</p>	<p>18:00 - 19:00 Booty Group Classes Studio Luna Biot</p>	<p>17:00 - 18:00 Power Fitness Floor Jonathan Bafoa</p>		
<p>18:00 - 19:00 HIIT Boxing Boxing Cube Jonathan Bafoa</p>	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Fitness Floor Donovan Ansay</p>	<p>17:00 - 18:00 Go Functional (SGT) Functional Zone Anais Lombard</p>	<p>19:00 - 20:00 Hybrid X Functional Zone Luna Biot</p>	<p>18:00 - 19:00 Hybrid X Functional Zone Michael Monseux</p>		
<p>18:00 - 19:00 Strength Training (SGT) Fitness Floor Melodie Cirilli</p>	<p>18:00 - 19:00 HIIT Boxing Boxing Cube Jessica Suliman</p>	<p>18:00 - 19:00 Sculpt Group Classes Studio Anais Lombard</p>	<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Patrick Mikombe</p>			
<p>18:00 - 19:00 Zumba® Group Classes Studio</p>	<p>19:00 - 20:00 CIRCL MOBILITY™ (BE) Group Classes Studio</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Jessica Suliman</p>				
<p>19:00 - 20:00 Kickboxing Jonathan Bafoa</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Melodie Cirilli</p>	<p>19:00 - 20:00 Burn Group Classes Studio Daniel Ulungu Tchola</p>				
<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Daniel Ulungu Tchola</p>		<p>19:00 - 20:00 HIIT Boxing Boxing Cube Jessica Suliman</p>				
<p>20:00 - 21:00 Crosstraining Functional Zone Michael Monseux</p>						

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>12:15 - 13:15 Les Mills Bodyattack™ Group Classes Studio Sandrine Antheunis</p>	<p>08:30 - 09:30 HIIT Group Classes Studio Luna Biot</p>	<p>09:00 - 10:00 Pilates Group Classes Studio Koralyne Limage</p>		<p>13:00 - 14:00 Go Functional (SGT) Functional Zone Anais Lombard</p>	<p>10:00 - 11:00 Crosstraining Functional Zone Michael Monseux</p>	<p>11:00 - 12:00 HIIT Boxing Boxing Cube Jonathan Bafoa</p>
<p>18:00 - 19:00 HIIT Boxing Boxing Cube Jonathan Bafoa</p>	<p>12:15 - 13:15 Les Mills Bodypump™ Group Classes Studio Daniel Ulungu Tchola</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Koralyne Limage</p>		<p>17:00 - 18:00 Power Fitness Floor Jonathan Bafoa</p>	<p>11:00 - 12:00 KIMAX® Boxing Cube Laurent Van De Velde</p>	
<p>18:00 - 19:00 Zumba® Group Classes Studio</p>	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Fitness Floor Donovan Ansay</p>	<p>17:00 - 18:00 Go Functional (SGT) Functional Zone Anais Lombard</p>		<p>18:00 - 19:00 Hybrid X Functional Zone Michael Monseux</p>		
<p>19:00 - 20:00 Kickboxing Jonathan Bafoa</p>	<p>19:00 - 20:00 CIRCL MOBILITY™ (BE) Group Classes Studio</p>	<p>18:00 - 19:00 Sculpt Group Classes Studio Anais Lombard</p>				
<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Daniel Ulungu Tchola</p>		<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Jessica Suliman</p>				
<p>20:00 - 21:00 Crosstraining Functional Zone Michael Monseux</p>		<p>19:00 - 20:00 Burn Group Classes Studio Daniel Ulungu Tchola</p>				
		<p>19:00 - 20:00 HIIT Boxing Boxing Cube Jessica Suliman</p>				