

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>17:30 - 18:30 Squat Bench Deadlift (SGT) Functional Zone Maxime Nicodeme</p>	<p>12:15 - 13:15 Pilates Group Classes Studio Dhavindra LATCHIMY</p>	<p>17:30 - 18:30 COACH BY COLOR® Cycling Cycling Studio Dhavindra LATCHIMY</p>	<p>17:30 - 18:15 Les Mills Shapes™ Group Classes Studio Gary Moreels</p>	<p>17:30 - 18:30 Crosstraining Functional Zone Gary Moreels</p>	<p>11:00 - 12:00 COACH BY COLOR® Cycling Cycling Studio Florence Riche</p>	<p>10:00 - 11:00 Flow Group Classes Studio Polina Tretiakova</p>
<p>17:30 - 18:30 Zumba® Group Classes Studio Sylvie Wattier</p>	<p>17:30 - 18:30 COACH BY COLOR® Cycling Cycling Studio Florence Riche</p>	<p>17:30 - 18:30 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marie André</p>	<p>17:30 - 18:00 Mobility (SGT) Functional Zone Eloise Scarpone</p>			<p>11:00 - 12:00 COACH BY COLOR® Cycling Cycling Studio Dhavindra LATCHIMY</p>
<p>18:30 - 19:30 Les Mills Bodyattack™ Group Classes Studio Gary Moreels</p>	<p>17:30 - 18:30 Start To Workout (SGT) Fitness Floor Eloise Scarpone</p>	<p>17:30 - 18:30 Moving Mom (SGT) Functional Zone Eloise Scarpone</p>	<p>18:30 - 19:30 Les Mills Bodyattack™ Group Classes Studio Gary Moreels</p>			
<p>18:30 - 19:30 Perte De Poids (SGT) Functional Zone Fabien Bauwens</p>	<p>18:30 - 19:30 Crosstraining Functional Zone Maxime Nicodeme</p>	<p>18:30 - 19:00 Mobility (SGT) Eloise Scarpone</p>	<p>19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Gary Moreels</p>			
<p>19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Gary Moreels</p>	<p>18:30 - 19:30 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marie André</p>	<p>18:30 - 19:30 Pilates Group Classes Studio Dhavindra LATCHIMY</p>				
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