

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>10:00 - 10:45 Pilates Group Classes Studio Nanou Cannone</p>	<p>12:45 - 13:30 Pilates Group Classes Studio Nanou Cannone</p>	<p>12:30 - 13:15 HIIT Functional Zone Jessica Vanlaer</p>	<p>12:30 - 13:30 Core Functional Zone Candice Fagel</p>	<p>12:30 - 13:15 Pilates Group Classes Studio Nanou Cannone</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Marie-sophie Rousseau</p>	<p>10:00 - 11:00 Crosstraining Functional Zone Anouar Kassas</p>
	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Fitness Floor François Thomas</p>	<p>12:30 - 13:20 TAF Group Classes Studio Caroline Madenski</p>	<p>12:30 - 13:30 Pilates Group Classes Studio Nanou Cannone</p>	<p>12:30 - 13:30 Total Body Conditioning Functional Zone Caroline Madenski</p>	<p>10:30 - 11:30 Crosstraining Functional Zone Jessica Vanlaer</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Laura Lins</p>
	<p>18:30 - 19:30 Indoor Cycling Cycling Studio Vanda cristina Serralheiro custodio</p>	<p>18:00 - 19:00 Strength For Women (SGT) Functional Zone</p>	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Functional Zone François Thomas</p>	<p>13:30 - 14:15 Yoga Group Classes Studio Floriana Palmieri</p>	<p>11:00 - 12:00 Dance Group Classes Studio Nassira Assahraoui</p>	<p>11:00 - 12:00 HIIT Functional Zone Anouar Kassas</p>
	<p>18:30 - 19:30 Pilates Group Classes Studio Floriana Palmieri</p>	<p>18:30 - 19:30 Crosstraining Functional Zone Caroline Madenski</p>	<p>17:30 - 18:30 Sculpt Group Classes Studio Magicline Magicline</p>	<p>18:00 - 19:00 Hybrid X Elodie Mauquoi</p>	<p>11:00 - 11:45 Indoor Cycling Cycling Studio Gregory Pauquet</p>	<p>11:00 - 12:00 TAF Group Classes Studio Laura Rodriguez</p>
	<p>18:30 - 19:30 Strength For Women (SGT) Functional Zone Jordan Busiau</p>	<p>18:30 - 19:30 Sculpt Group Classes Studio Vanessa Nellessen</p>	<p>18:30 - 20:30 Indoor Cycling Joao Ferreira, Cindy Legros</p>	<p>18:30 - 19:30 TAF Group Classes Studio Laura Rodriguez</p>	<p>12:30 - 13:30 Yoga Group Classes Studio Kenia Bento dos reis</p>	<p>12:00 - 12:45 Mobility Group Classes Studio Laura Rodriguez</p>
	<p>19:30 - 20:30 Dance Group Classes Studio Nassira Assahraoui</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Clemence Devillers</p>	<p>18:30 - 19:30 Pilates Group Classes Studio Anne-Michele Franken</p>		<p>13:30 - 14:30 Pilates Group Classes Studio Kenia Bento dos reis</p>	
	<p>19:30 - 20:30 Hybrid X Functional Zone Anouar Kassas</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Caroline Madenski</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Anouar Kassas</p>			
		<p>19:30 - 20:30 Yoga Group Classes Studio Floriana Palmieri</p>	<p>19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Laurent Bouvry</p>			

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<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Deborah Noel</p>	<p>18:30 - 19:30 Indoor Cycling Cycling Studio Vanda cristina Serralheiro custodio</p>	<p>18:00 - 19:00 Strength For Women (SGT) Functional Zone</p>	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Functional Zone François Thomas</p>	<p>13:30 - 14:15 Yoga Group Classes Studio Floriana Palmieri</p>	<p>11:00 - 12:00 Dance Group Classes Studio Nassira Assahraoui</p>	<p>11:00 - 12:00 HIIT Functional Zone Anouar Kassas</p>
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<p>18:30 - 19:30 Crosstraining Functional Zone Phili Lombala</p>	<p>18:30 - 19:30 Strength For Women (SGT) Functional Zone Jordan Busiau</p>	<p>18:30 - 19:30 Sculpt Group Classes Studio Vanessa Nellessen</p>	<p>18:30 - 19:30 Indoor Cycling Cindy Legros</p>	<p>18:30 - 19:30 TAF Group Classes Studio Laura Rodriguez</p>	<p>12:30 - 13:30 Yoga Group Classes Studio Kenia Bento dos reis</p>	<p>12:00 - 12:45 Mobility Group Classes Studio Laura Rodriguez</p>
<p>19:00 - 20:00 HIIT Boxing Group Classes Studio Kadima Kabangu</p>	<p>19:30 - 20:30 Hybrid X Functional Zone Anouar Kassas</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Clemence Devillers</p>	<p>18:30 - 19:30 Pilates Group Classes Studio Anne-Michele Franken</p>		<p>13:30 - 14:30 Pilates Group Classes Studio Kenia Bento dos reis</p>	
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