

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>07:30 - 08:30 Pilates Group Classes Studio Nancy Henry</p>	<p>12:30 - 13:30 Hybrid X Functional Zone David Todero</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Benjamin Bresseleers</p>	<p>07:30 - 08:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Bernard Passchier</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Emmanuelle Perrichon</p>	<p>10:00 - 11:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio</p>	<p>10:00 - 11:00 Boxing Group Classes Studio Kadima Kabangu</p>
<p>12:30 - 13:30 Yoga Emmanuelle Perrichon</p>	<p>17:30 - 18:30 Yoga Group Classes Studio Emmanuelle Perrichon</p>	<p>17:30 - 18:30 Sculpt Group Classes Studio Benjamin Bresseleers</p>	<p>17:30 - 18:30 Zumba® Group Classes Studio Maria gioia Bresseleers</p>	<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Jims Jourdan</p>	<p>10:00 - 11:00 Pilates Group Classes Studio</p>	<p>11:30 - 12:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p>
<p>17:30 - 18:30 Boxing Group Classes Studio Jims Jourdan</p>	<p>18:00 - 19:00 Conditioning (SGT) Fitness Floor Jims Jourdan</p>	<p>18:00 - 19:00 Strength For Women (SGT) Fitness Floor Jims Jourdan</p>	<p>18:15 - 19:15 COACH BY COLOR® Cycling Cube (BE) Cycling Studio Stephane Albi</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Han Long</p>	<p>11:00 - 12:00 Crosstraining Functional Zone Han Long</p>	<p>13:00 - 14:00 Jims Jump Jims Jourdan</p>
<p>18:00 - 19:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio</p>	<p>18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Lola Coste</p>	<p>18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stella Benfatto</p>	<p>18:30 - 19:30 Crosstraining Functional Zone Antoni Mammarella</p>		<p>11:30 - 12:30 Zumba® Group Classes Studio Jone Aldalur Gandiaga</p>	
<p>18:00 - 19:00 Strength For Women (SGT) Fitness Floor Jims Jourdan</p>	<p>18:30 - 19:30 Sculpt Group Classes Studio Delphine Debuissan</p>	<p>18:30 - 19:30 Jims Jump Group Classes Studio Ildiko Csuzdi</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Amrani Wafaa</p>		<p>12:30 - 13:30 Les Mills Bodypump™ Group Classes Studio Yannick Gozo</p>	
<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Han Long</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Jourdan</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Antoni Mammarella</p>	<p>19:00 - 20:00 Healthy Back (SGT) Fitness Floor Jims Jourdan</p>		<p>13:30 - 14:30 Core Group Classes Studio Antoni Mammarella</p>	
<p>19:00 - 20:00 Go Functional (SGT) Fitness Floor Jims Jourdan</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Kalista Dupan</p>	<p>19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p>	<p>19:30 - 20:30 TAF Group Classes Studio Amrani Wafaa</p>			
<p>19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p>	<p>20:30 - 21:30 Mobility Group Classes Studio Gaetan Boulanger</p>	<p>20:30 - 21:30 Boxing Group Classes Studio Jims Jourdan</p>				
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