

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
09:30 - 10:30 Sculpt Group Classes Studio Cindy Passarella	09:30 - 10:30 Core Group Classes Studio Stephan Giunta	10:00 - 11:00 Pilates Group Classes Studio Anne-Michele Franken	10:00 - 11:00 Sculpt Group Classes Studio Tshilo K	10:00 - 11:00 TAF Group Classes Studio Jims Evere	11:30 - 12:30 Weight Health (SGT) Fitness Floor Ylias Ben Amar	10:00 - 11:00 TAF Group Classes Studio Anne-Michele Franken
10:30 - 11:30 Mobility Group Classes Studio Cindy Passarella	11:00 - 12:00 Strength For Women (SGT) Fitness Floor Maxime Arena	11:00 - 12:00 Healthy Back (SGT) Fitness Floor Maxime Arena	18:00 - 19:00 Strength For Women (SGT)			11:00 - 12:00 Pilates Group Classes Studio Anne-Michele Franken
18:00 - 19:00 Les Mills Bodypump™ Khalid Bouazza	18:00 - 19:00 Sculpt Group Classes Studio Tshilo K	18:00 - 19:00 Boxing Group Classes Studio Jims Evere	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Jims Evere			12:00 - 13:00 Pilates Group Classes Studio Anne-Michele Franken
18:00 - 19:00 Yoga Group Classes Studio Karthik Krishnapura Venkateshan	19:00 - 20:00 Pilates Group Classes Studio Anne-Michele Franken	18:00 - 19:00 Weight Health (SGT) Functional Zone Ylias Ben Amar	19:30 - 20:30 Booty Jims Evere			
18:30 - 19:30 Healthy Back (SGT) Fitness Floor Jims Evere		18:00 - 19:00 Yoga Group Classes Studio Karthik Krishnapura Venkateshan				
19:00 - 20:00 Les Mills Bodycombat™ Group Classes Studio Khalid Bouazza		19:00 - 20:00 Dance Group Classes Studio Sarah Biteau				

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18:00 - 19:00 Les Mills Bodypump™ Khalid Bouazza	18:00 - 19:00 Sculpt Group Classes Studio Tshilo K	18:00 - 19:00 Boxing Group Classes Studio Jims Evere	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Jims Evere			12:00 - 13:00 Pilates Group Classes Studio Anne-Michele Franken
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