

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>19:00 - 19:45 Move For Health (SGT)</p>	<p>19:00 - 20:30 Muay Thai Group Classes Studio</p>	<p>18:15 - 19:15 Yoga Group Classes Studio</p>	<p>18:45 - 19:45 Pilates Group Classes Studio</p>	<p>18:30 - 19:30 Pilates Group Classes Studio</p>	<p>09:30 - 10:15 STRONG Nation® Group Classes Studio</p>	<p>11:15 - 12:15 Yoga Group Classes Studio Shana Stremersch</p>
<p>19:30 - 20:00 Burn Delphine Maudens</p>			<p>19:00 - 20:00 Crosstraining Functional Zone</p>		<p>10:15 - 11:15 Jims Jump Group Classes Studio</p>	
<p>20:15 - 21:15 BBB Group Classes Studio Delphine Maudens</p>						

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<p>19:00 - 19:45 Move For Health (SGT) Functional Zone</p>	<p>19:00 - 20:30 Muay Thai Group Classes Studio</p>	<p>18:00 - 19:00 Yoga Group Classes Studio</p>	<p>16:45 - 17:15 Mobility (SGT) Functional Zone Maarten Kesteleyn</p>	<p>18:30 - 19:30 Pilates Group Classes Studio Maarten Kesteleyn</p>	<p>09:30 - 10:15 STRONG Nation® Group Classes Studio</p>	<p>11:15 - 12:15 Yoga Group Classes Studio Shana Stremersch</p>
<p>19:30 - 20:00 Burn Delphine Maudens</p>		<p>20:00 - 21:00 Crosstraining Functional Zone</p>	<p>18:45 - 19:45 Pilates Group Classes Studio Maarten Kesteleyn</p>		<p>10:15 - 11:15 Jims Jump Group Classes Studio</p>	
<p>20:15 - 21:15 BBB Group Classes Studio Delphine Maudens</p>			<p>19:00 - 20:00 Crosstraining Functional Zone</p>			
			<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Maarten Kesteleyn</p>			