

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>18:00 - 19:00 <b>Start To Workout (SGT)</b> Fitness Floor   Kirsten Dekeyser</p>	<p>19:00 - 20:00 <b>Pilates</b> Group Classes Studio   Nele Cnudde</p>	<p>19:00 - 20:00 <b>Step</b> Group Classes Studio   Stefanie Van Heule</p>	<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Nele Cnudde</p>	<p>09:00 - 10:00 <b>Yoga</b> Group Classes Studio   André Galle</p>	<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   André Galle</p>	<p>10:00 - 11:00 <b>Pilates</b> Amaana Vandenberghe</p>
<p>18:15 - 19:00 <b>STRETCHING</b> Group Classes Studio   Silke Vincke</p>	<p>20:00 - 21:00 <b>Indoor Cycling</b> Koen Vande Velde</p>	<p>20:00 - 21:00 <b>BBB</b> Group Classes Studio   Stefanie Van Heule</p>	<p>19:00 - 20:00 <b>Dance</b> Group Classes Studio   Johnny Bauwens</p>	<p>19:30 - 20:30 <b>Dance</b> Group Classes Studio   Celeste Benaouda</p>		<p>11:00 - 12:00 <b>Indoor Cycling</b> Group Classes Studio   Kjell Heynssens</p>
<p>19:00 - 19:45 <b>Jims Jump</b> Group Classes Studio   Silke Vincke</p>			<p>20:00 - 21:00 <b>Indoor Cycling</b> Group Classes Studio   Johnny Bauwens</p>			
<p>20:00 - 21:00 <b>Booty</b> Debby De Herdt</p>						
<p>20:00 - 20:30 <b>Move For Health (SGT)</b> Fitness Floor   Laura Sezgin</p>						

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