

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Kirsten Dekeyser</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Jims Deinze</p>	<p>19:00 - 20:00 Step Group Classes Studio Stefanie Van Heule</p>	<p>19:00 - 20:00 Dance Group Classes Studio Johnny Bauwens</p>	<p>09:00 - 10:00 Yoga Group Classes Studio André Galle</p>	<p>09:00 - 10:00 Pilates Jims Deinze</p>	<p>10:00 - 11:00 Pilates Amaana Vandenberghe</p>
<p>18:15 - 19:00 STRETCHING Group Classes Studio Silke Vincke</p>	<p>20:00 - 21:00 Indoor Cycling Koen Vande Velde</p>	<p>20:00 - 21:00 BBB Group Classes Studio Stefanie Van Heule</p>	<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Johnny Bauwens</p>	<p>18:00 - 19:00 HIIT Jims Deinze</p>	<p>10:00 - 11:00 Yoga Group Classes Studio André Galle</p>	<p>11:00 - 12:00 Indoor Cycling Group Classes Studio Kjell Heynssens</p>
<p>19:00 - 19:45 Jims Jump Silke Vincke</p>				<p>19:00 - 20:00 HIIT Jims Deinze</p>		
<p>20:00 - 21:00 Booty Debby De Herdt</p>				<p>19:30 - 20:30 Dance Group Classes Studio Celeste Benaouda</p>		
<p>20:00 - 20:30 Move For Health (SGT) Fitness Floor Kirsten Dekeyser</p>				<p>20:00 - 21:00 STRETCHING Group Classes Studio Jims Deinze</p>		

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