

MA, 16 JUN	DI, 17 JUN	WO, 18 JUN	DO, 19 JUN	VR, 20 JUN	ZA, 21 JUN	ZO, 22 JUN
09:30 - 10:30 Fusion Pilates	19:00 - 20:00 Pilates Miguel Willemsen	19:00 - 20:00 Zumba®	18:30 - 19:30 BBB Doina Manu		12:00 - 13:00 FLOW YOGA CUBE (BE)	
10:30 - 11:30 FLOW YOGA CUBE (BE)	20:00 - 21:00 Les Mills Bodypump™ Miguel Willemsen	20:00 - 21:00 Boxing	19:30 - 20:30 Les Mills Bodypump™ Doina Manu			
19:00 - 20:00 Indoor Cycling			20:30 - 21:30 Indoor Cycling			
20:00 - 21:00 Zumba®						



Lessenrooster Jims Hoogstraten

■ Cube ■ Small Group Training

MA, 23 JUN	DI, 24 JUN	WO, 25 JUN	DO, 26 JUN	VR, 27 JUN	ZA, 28 JUN	ZO, 29 JUN
09:30 - 10:30 Fusion Pilates	19:00 - 20:00 Pilates Miguel Willemsen	19:00 - 20:00 Zumba®		18:30 - 19:30 BBB Doina Manu	12:00 - 13:00 FLOW YOGA CUBE (BE)	
10:30 - 11:30 FLOW YOGA CUBE (BE)	20:00 - 21:00 Les Mills Bodypump™ Miguel Willemsen	20:00 - 21:00 Boxing		19:30 - 20:30 Les Mills Bodypump™ Doina Manu		
20:00 - 21:00 Zumba®						