

MA, 28 APR	DI, 29 APR	WO, 30 APR	DO, 01 MEI	VR, 02 MEI	ZA, 03 MEI	ZO, 04 MEI
18:00 - 19:00 Squat Bench Deadlift (SGT) Ilyes Sliti	18:00 - 19:00 Conditioning (SGT) Fitness Floor	18:00 - 19:00 Start To Workout (SGT) Ilyes Sliti	18:00 - 19:00 Women's Strength Training (SGT) Joyce Cornillie, Ilyes Sliti		09:00 - 10:00 Mobility Group Classes Studio	
18:30 - 19:30 Dance Group Classes Studio	19:30 - 20:30 HIIT Agility Group Classes Studio Katrien Allaert	19:00 - 20:30 Indoor Cycling	18:00 - 19:00 Yoga Group Classes Studio			
19:30 - 20:00 ABDO WOD (BE) Group Classes Studio Katrien Allaert	20:30 - 21:30 Indoor Cycling Cycling Cube Katrien Allaert	19:00 - 20:00 PARTYROBICS® CARDIO DANCE (BE) Group Classes Studio	19:00 - 19:30 ABDO WOD (BE) Group Classes Studio Katrien Allaert			
19:30 - 20:30 Indoor Cycling			19:30 - 20:30 Indoor Cycling Cycling Cube Patrick Fiore			
20:00 - 21:00 Les Mills Bodypump ™ Group Classes Studio Katrien Allaert			19:30 - 20:30 Les Mills Bodypump ™ Group Classes Studio Katrien Allaert			

MA, 05 MEI	DI, 06 MEI	WO, 07 MEI	DO, 08 MEI	VR, 09 MEI	ZA, 10 MEI	ZO, 11 MEI
18:00 - 19:00 Squat Bench Deadlift (SGT) Ilyes Sliti	18:00 - 19:00 Conditioning (SGT) Fitness Floor	18:00 - 19:00 Start To Workout (SGT) Ilyes Sliti	18:00 - 19:00 Women's Strength Training (SGT) Joyce Cornillie, Ilyes Sliti		09:00 - 10:00 Mobility Group Classes Studio	
18:30 - 19:30 Dance Group Classes Studio	18:30 - 19:30 Yoga Group Classes Studio	19:00 - 20:30 Indoor Cycling	18:00 - 19:00 Yoga Group Classes Studio			
19:30 - 20:00 ABDO WOD (BE) Group Classes Studio Katrien Allaert	19:30 - 20:30 HIIT Agility Group Classes Studio Katrien Allaert	19:00 - 20:00 PARTYROBICS® CARDIO DANCE (BE) Group Classes Studio	19:00 - 19:30 ABDO WOD (BE) Group Classes Studio Katrien Allaert			
19:30 - 20:30 Indoor Cycling	20:30 - 21:30 Indoor Cycling Cycling Cube Katrien Allaert		19:30 - 20:30 Indoor Cycling Cycling Cube Patrick Fiore			
20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Katrien Allaert			19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Katrien Allaert			