

MAANDAG	DINSdag	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
19:00 - 20:00 Dance Peggy Detrixhe	18:30 - 19:30 Yoga Group Classes Studio	19:00 - 20:00 Total Body Conditioning Group Classes Studio Katrien Lesgever	19:00 - 20:00 Les Mills Boddypump ™ Group Classes Studio Peggy Detrixhe	10:00 - 10:30 Mobility (SGT) Group Classes Studio Karolien Bien	10:00 - 11:00 Les Mills Boddypump ™ Group Classes Studio Peggy Detrixhe	10:00 - 11:00 Yoga Group Classes Studio
20:00 - 21:00 Les Mills Boddypump ™ Group Classes Studio Peggy Detrixhe	19:30 - 20:30 Zumba® Group Classes Studio Peggy Detrixhe	20:00 - 21:00 Les Mills Bodybalance ™ Group Classes Studio Katrien Lesgever	20:00 - 21:00 Zumba® Group Classes Studio Peggy Detrixhe		13:00 - 14:00 Strength For Women (SGT) Thorsten Cobbaut	13:00 - 14:00 Kick Group Classes Studio Thorsten Cobbaut

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19:00 - 20:00 Dance Peggy Detrixhe	18:30 - 19:30 Yoga Group Classes Studio	10:00 - 11:00 Forever Fit (SGT) Group Classes Studio Karolien Bien	19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Peggy Detrixhe	10:00 - 10:30 Mobility (SGT) Group Classes Studio Karolien Bien	10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Peggy Detrixhe	10:00 - 11:00 Yoga Group Classes Studio
20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Peggy Detrixhe	19:30 - 20:30 Zumba® Group Classes Studio Peggy Detrixhe	19:00 - 20:00 Total Body Conditioning Group Classes Studio Katrien Lesgever	20:00 - 21:00 Zumba® Group Classes Studio Peggy Detrixhe			13:00 - 14:00 Kick Group Classes Studio Thorsten Cobbaut
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