



Lessenrooster Jims Tessenderlo

■ Cube ■ Small Group Training

MA, 28 APR	DI, 29 APR	WO, 30 APR	DO, 01 MEI	VR, 02 MEI	ZA, 03 MEI	ZO, 04 MEI
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19:00 - 20:00
Total Body Conditioning
Functional Zone | Tom Aerts

09:30 - 10:30
Les Mills Bodypump™
Functional Zone | Valerie Haelen



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■ Cube ■ Small Group Training

MA, 05 MEI	DI, 06 MEI	WO, 07 MEI	DO, 08 MEI	VR, 09 MEI	ZA, 10 MEI	ZO, 11 MEI
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19:00 - 20:00
Total Body Conditioning
Functional Zone | Tom Aerts

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