Lessenrooster Jims Knokke

Cube | Small Group Training

MA, 09 JUN	DI, 10 JUN	WO, 11 JUN	DO, 12 JUN	VR, 13 JUN	ZA, 14 JUN	ZO, 15 JUN
	10:00 - 11:00 **Hatha Yoga** Group Classes Studio | Jims Knokke	10:00 - 11:00 **Mobility (SGT)** Cycling Cube | Martina Machajdikova	11:00 - 12:00 **BBB** Group Classes Studio | Faye Porteman	10:00 - 11:00 **Power Yoga** Group Classes Studio | Jims Knokke	09:30 - 10:30 **Summer bootcamp (SGT)** Group Classes Studio | Jims Knokke	09:30 - 10:30 **Indoor Cycling** Cycling Cube | Peter Wille
	19:00 - 20:00 **Bokwa** Group Classes Studio | Faye Porteman	19:00 - 20:00 **Pilates** Group Classes Studio | Jims Knokke				
	19:00 - 20:00 **Indoor Cycling** Cycling Cube | Peter Wille	20:00 - 21:00 **Hatha Yoga** Group Classes Studio | Jims Knokke				
	20:00 - 21:00 **Zumba®** Group Classes Studio | Faye Porteman					

Lessenrooster Jims Knokke

Cube ■ Small Group Training

MA, 16 JUN	DI, 17 JUN	WO, 18 JUN	DO, 19 JUN	VR, 20 JUN	ZA, 21 JUN	ZO, 22 JUN
19:00 - 20:00 **Boxing** Group Classes Studio | Jelle Decuyper	10:00 - 11:00 **Hatha Yoga** Group Classes Studio | Jims Knokke	10:00 - 11:00 **Mobility (SGT)** Cycling Cube | Martina Machajdikova	11:00 - 12:00 **BBB** Group Classes Studio | Faye Porteman	10:00 - 11:00 **Power Yoga** Group Classes Studio | Jims Knokke		09:30 - 10:30 **Indoor Cycling** Cycling Cube | Peter Wille
	19:00 - 20:00 **Bokwa** Group Classes Studio | Faye Porteman	19:00 - 20:00 **Pilates** Group Classes Studio | Jims Knokke				
	19:00 - 20:00 **Indoor Cycling** Cycling Cube | Peter Wille	20:00 - 21:00 **Hatha Yoga** Group Classes Studio | Jims Knokke				
	20:00 - 21:00 **Zumba®** Group Classes Studio | Faye Porteman					