

MA, 16 JUN	DI, 17 JUN	WO, 18 JUN	DO, 19 JUN	VR, 20 JUN	ZA, 21 JUN	ZO, 22 JUN
10:00 - 11:00 Yoga Group Classes Studio Hicham Bassou	10:00 - 11:00 Start To Workout (SGT) Fitness Floor Achille Hecq	10:00 - 11:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Erica Rachella	10:00 - 10:30 Mobility (SGT) Group Classes Studio Manon Pinto	10:00 - 11:00 Forever Fit (SGT) Fitness Floor Hicham Bassou	10:00 - 11:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marylène Tommaso	10:00 - 11:00 Burn Group Classes Studio
12:30 - 13:30 Conditionnement (SGT) Fitness Floor Hicham Bassou	10:00 - 11:00 Total Body Conditioning Group Classes Studio Manon Pinto	17:30 - 18:30 HIIT Group Classes Studio Achille Hecq	12:00 - 13:00 Start To Workout (SGT) Fitness Floor Achille H.	11:00 - 12:00 Indoor Cycling Cycling Studio Erica Rachella		
17:00 - 18:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marylène Tommaso	17:00 - 18:00 Conditionnement (SGT) Fitness Floor Hicham Bassou	18:00 - 19:00 Yoga Group Classes Studio Juliette Marsin	17:30 - 18:30 Core Group Classes Studio Hicham Bassou		11:00 - 12:00 Zumba® Group Classes Studio Giusi Giordano	
17:00 - 18:00 Start To Workout (SGT) Fitness Floor Achille H.	18:00 - 19:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marylène Tommaso	19:00 - 20:00 Dance Group Classes Studio	18:30 - 19:30 Power Group Classes Studio Marylène Tommaso			
18:00 - 19:00 XCORE ® (BE) Group Classes Studio Marylène Tommaso	19:00 - 20:00 Step Group Classes Studio Marylène Tommaso	19:30 - 20:30 Indoor Cycling Cycling Studio Erica Rachella	19:00 - 20:00 Indoor Cycling Cycling Studio Julie Meurice			
19:00 - 20:00 Indoor Cycling Cycling Studio Julie Meurice	19:30 - 20:30 Indoor Cycling Cycling Studio Erica Rachella		19:30 - 20:30 XCORE ® (BE) Group Classes Studio Marylène Tommaso			
19:00 - 20:00 Zumba® Group Classes Studio Giusi Giordano	20:00 - 21:00 Crosstraining Group Classes Studio					
20:00 - 21:00 Burn Group Classes Studio						

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