

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
18:00 - 19:00 BBB Group Classes Studio Sophie Morobé	18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Elke Blansaer	10:30 - 11:30 Sculpt Group Classes Studio Leslie Page	10:30 - 11:30 Yoga Group Classes Studio Leslie Page	18:00 - 19:00 Les Mills Bodycombat™ Group Classes Studio An De Decker	10:00 - 11:00 BBB Group Classes Studio Faye Porteman	10:30 - 11:30 BOXING CUBE (BE) Boxing Cube Ronny De Groeve
18:00 - 19:00 HIIT Boxing Boxing Cube Quinten Gripe	19:00 - 20:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Pascale Roorda	11:30 - 12:30 Pilates Group Classes Studio Leslie Page	11:30 - 12:30 Core Group Classes Studio Leslie Page	18:30 - 19:00 Core Functional Zone Felien Mestdagh	11:00 - 12:00 Zumba® Group Classes Studio Faye Porteman	11:00 - 12:00 Flow Group Classes Studio Marc De Scheemaecker
18:00 - 19:00 Strength For Women (SGT) Functional Zone	19:00 - 20:00 Les Mills Bodycombat™ Group Classes Studio Elke Blansaer	18:00 - 19:00 Moving Mom (SGT) Functional Zone	18:00 - 19:00 Crosstraining Functional Zone Thorwald Lambrecht	18:00 - 19:00 HIIT Boxing Boxing Cube Quinten Gripe		
19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Daisy Dejonghe	19:00 - 20:00 Start To Workout (SGT) Functional Zone Thorwald Lambrecht	18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Pascal Rooms	18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Olivier Ockers			
20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Daisy Dejonghe	20:00 - 21:00 Cardio boxing Boxing Cube An De Decker	19:00 - 20:00 Strength For Women (SGT) Functional Zone Felien Mestdagh	19:00 - 20:00 Start To Workout (SGT)			
	20:00 - 21:00 Yoga Group Classes Studio Wilfrieda Paessens	19:30 - 20:30 BOXING CUBE (BE) Boxing Cube Jordan Amir Malakouti	19:00 - 20:00 Zumba® Group Classes Studio Faye Porteman			
		19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Daisy Dejonghe				
		20:30 - 21:30 Flow Group Classes Studio Annelies Bombeeck				

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