

MA, 16 JUN	DI, 17 JUN	WO, 18 JUN	DO, 19 JUN	VR, 20 JUN	ZA, 21 JUN	ZO, 22 JUN
10:30 - 11:30 Pilates Dhavindra LATCHIMY	09:30 - 10:30 Flow Group Classes Studio Gisou Chalmagne	10:30 - 11:30 Cuisses Abdos Fessiers (CAF) Group Classes Studio Martina Nosekova	17:30 - 18:30 HIIT Group Classes Studio Jean-françois Wanty	10:30 - 11:30 Moving Mom (SGT) Fitness Floor Stephanie Beauloi	09:30 - 10:30 Yoga Group Classes Studio Kadija Mnakka	09:30 - 10:30 HIIT Group Classes Studio Herve Kongo iyoku regen
17:30 - 18:30 Pilates Group Classes Studio Theo Senna	10:30 - 11:30 CIRCL MOBILITY™ (BE) Group Classes Studio Gisou Chalmagne	17:30 - 18:30 Les Mills Bodypump™ Group Classes Studio Davide Graceffa	18:30 - 19:30 Calisthenics Functional Zone Theo Senna	10:30 - 11:30 Pilates Martina Nosekova	10:00 - 10:30 Prepare for running (SGT) Dhavindra LATCHIMY	10:30 - 11:30 Cuisses Abdos Fessiers (CAF) Group Classes Studio Herve Kongo iyoku regen
17:30 - 18:30 Women's Strength Training (SGT) Fitness Floor Elodie Balsat	17:30 - 18:30 Yoga Group Classes Studio Kadija Mnakka	17:30 - 18:30 Moving Mom (SGT) Fitness Floor Remy Mascaux	18:30 - 19:30 Indoor Cycling Cycling Studio Massimo Ravicini	11:30 - 12:30 Core Functional Zone Martina Nosekova	10:00 - 11:00 RUNNING GX (BE) Functional Zone Dhavindra LATCHIMY	
18:30 - 19:30 HIIT Group Classes Studio Jean-françois Wanty	18:30 - 19:30 Calisthenics Functional Zone Theo Senna	18:30 - 19:30 Indoor Cycling Cycling Studio Nancy De muylder	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Jean-françois Wanty	17:30 - 18:15 ABDO WOD (BE) Fitness Floor Mike Menna	10:30 - 11:30 Step Group Classes Studio Arienès La Vega	
18:30 - 19:30 Indoor Cycling Cycling Studio Nancy De muylder	18:30 - 19:30 Indoor Cycling Cycling Studio Dhavindra LATCHIMY	18:30 - 19:30 Les Mills Bodycombat™ Group Classes Studio Davide Graceffa	18:30 - 19:30 Start To Workout (SGT) Fitness Floor Remy Mascaux		11:30 - 12:30 Indoor Cycling Cycling Studio Dhavindra LATCHIMY	
18:30 - 19:30 Moving Mom (SGT) Fitness Floor Stephanie Beauloi	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Davide Graceffa	18:30 - 19:30 Mobility (SGT) Fitness Floor Remy Mascaux	19:30 - 20:30 Men's Strength Training (SGT) Fitness Floor Remy Mascaux		11:30 - 12:30 TAF Group Classes Studio Arienès La Vega	
19:30 - 20:30 Power Functional Zone Arnaud Carré	18:30 - 19:30 Women's Strength Training (SGT) Fitness Floor Elodie Balsat	18:30 - 19:30 Start To Workout (SGT) Fitness Floor Theo Senna				
19:30 - 20:30 REEJAM® Group Classes Studio Loredana Erba	19:30 - 20:30 Les Mills Bodycombat™ Group Classes Studio Davide Graceffa	19:30 - 20:15 ABDO WOD (BE) Fitness Floor Mike Menna				
19:30 - 20:30 Start To Workout (SGT) Fitness Floor Theo Senna		19:30 - 20:30 Power Functional Zone Remy Mascaux				

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18:30 - 19:30 HIIT Group Classes Studio Jean-françois Wanty	18:30 - 19:30 Calisthenics Functional Zone Theo Senna	18:30 - 19:30 Indoor Cycling Cycling Studio Nancy De muylder	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Jean-françois Wanty	17:30 - 18:15 ABDO WOD (BE) Fitness Floor Mike Menna	11:30 - 12:30 Indoor Cycling Cycling Studio Dhavindra LATCHIMY	
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