

MA, 09 JUN	DI, 10 JUN	WO, 11 JUN	DO, 12 JUN	VR, 13 JUN	ZA, 14 JUN	ZO, 15 JUN
10:30 - 11:30 Pilates Group Classes Studio Nancy Henry	07:30 - 08:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Lars Ritter	07:30 - 08:30 Pilates Group Classes Studio Nancy Henry	07:30 - 08:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio	07:30 - 08:30 Pilates Group Classes Studio Nancy Henry	10:00 - 11:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio	10:00 - 11:00 HIIT Boxing Group Classes Studio Kadima Kabangu
11:30 - 12:30 Les Mills Bodypump™ Group Classes Studio Han Long	12:30 - 13:30 Animal Flow Stephan Giunta	12:30 - 13:30 Crosstraining Functional Zone Benjamin Bresseleers	12:30 - 13:30 TAF Group Classes Studio Nancy Henry	12:30 - 13:30 Crosstraining Functional Zone Han Long	11:00 - 12:00 Crosstraining Functional Zone Han Long	11:30 - 12:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils
12:30 - 13:30 Yoga Group Classes Studio Emmanuelle Perrichon	12:30 - 13:30 Hybrid X Functional Zone Marouan El Bali	17:30 - 18:30 Sculpt Group Classes Studio Benjamin Bresseleers	17:30 - 18:30 Zumba® Maria gioia Gowar	17:30 - 18:30 Les Mills Bodypump™ Jims Jourdan	11:30 - 12:30 Zumba® Kika Bena	13:00 - 14:00 Jims Jump Group Classes Studio Jims Jourdan
13:30 - 14:30 Crosstraining Functional Zone Han Long	17:30 - 18:30 Yoga Group Classes Studio Emmanuelle Perrichon	18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor	18:15 - 19:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stephane Albi	18:30 - 19:30 Yoga Group Classes Studio Emmanuelle Perrichon	12:30 - 13:30 Les Mills Bodypump™ Group Classes Studio Yannick Gozo	
	18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Bernard Passchier	18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stephane Albi	18:30 - 19:30 Crosstraining Functional Zone Antoni Mammarella	19:30 - 20:30 Crosstraining Functional Zone Marouan El Bali	13:30 - 14:30 Core Group Classes Studio Antoni Mammarella	
	18:30 - 19:30 Sculpt Group Classes Studio Jims Jourdan	18:30 - 19:30 Jims Jump Group Classes Studio Ildiko Csuzdi	18:30 - 19:30 Les Mills Bodypump™ Kandi Tshimuanga			
	19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Jourdan	19:30 - 20:30 Crosstraining Group Classes Studio Antoni Mammarella	19:00 - 19:45 Healthy Back (SGT) Fitness Floor Jims Jourdan			
	19:30 - 20:30 Zumba® Group Classes Studio Kika Bena	20:30 - 21:30 Boxing Group Classes Studio Kadima Kabangu	19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils			
	20:30 - 21:30 Animal Flow Group Classes Studio Stephan Giunta					

MA, 16 JUN	DI, 17 JUN	WO, 18 JUN	DO, 19 JUN	VR, 20 JUN	ZA, 21 JUN	ZO, 22 JUN
12:30 - 13:30 Yoga Group Classes Studio Emmanuelle Perrichon	07:30 - 08:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Wael El Khansa	07:30 - 08:30 Pilates Group Classes Studio Nancy Henry	07:30 - 08:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio	07:30 - 08:30 Pilates Group Classes Studio Nancy Henry	10:00 - 11:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio	10:00 - 11:00 HIIT Boxing Group Classes Studio Kadima Kabangu
17:30 - 18:30 Boxing Group Classes Studio Kadima Kabangu	12:30 - 13:30 Animal Flow Stephan Giunta	12:30 - 13:30 Crosstraining Functional Zone Benjamin Bresseleers	12:30 - 13:30 TAF Group Classes Studio Nancy Henry	12:30 - 13:30 Crosstraining Functional Zone Han Long	11:00 - 12:00 Crosstraining Functional Zone Han Long	11:30 - 12:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils
18:00 - 19:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio	12:30 - 13:30 Hybrid X Functional Zone Marouan El Bali	17:30 - 18:30 Sculpt Group Classes Studio Benjamin Bresseleers	17:30 - 18:30 Zumba® Maria gioia Gowar	17:30 - 18:30 Les Mills Bodypump™ Jims Jourdan	11:30 - 12:30 Zumba® Kika Bena	13:00 - 14:00 Jims Jump Group Classes Studio Jims Jourdan
18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor	17:30 - 18:30 Yoga Group Classes Studio Emmanuelle Perrichon	18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor	18:15 - 19:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stella Benfatto	18:30 - 19:30 Yoga Group Classes Studio Emmanuelle Perrichon	12:30 - 13:30 Les Mills Bodypump™ Group Classes Studio Yannick Gozo	
18:30 - 19:30 Les Mills Bodypump™ Han Long	18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Bernard Passchier	18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stella Benfatto	18:30 - 19:30 Crosstraining Functional Zone Antoni Mammarella	19:30 - 20:30 Crosstraining Functional Zone Marouan El Bali	13:30 - 14:30 Core Group Classes Studio Antoni Mammarella	
19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils	18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Bernard Passchier	18:30 - 19:30 Jims Jump Group Classes Studio Ildiko Csuzdi	18:30 - 19:30 Les Mills Bodypump™ Kandi Tshimuanga			
20:30 - 21:30 Yoga Group Classes Studio Maya Alvin	18:30 - 19:30 Sculpt Group Classes Studio Jims Jourdan	19:30 - 20:30 Crosstraining Group Classes Studio Antoni Mammarella	19:00 - 19:45 Healthy Back (SGT) Fitness Floor Jims Jourdan			
	19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Jourdan	20:30 - 21:30 Boxing Group Classes Studio Kadima Kabangu	19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils			
	19:30 - 20:30 Zumba® Group Classes Studio Kika Bena					
	20:30 - 21:30 Animal Flow Group Classes Studio Stephan Giunta					